

Abbeyfield Home **Residents Sample Menu**

WEEK 1	LUNCH	DESSERT	TEA
SUNDAY	Gammon, cheese sauce, Roast pots, mashed parsnips, Greens, Sweetcorn.	Trifle	Buffet Supper
MONDAY	Scampi, Potato wedges, asparagus, peas, tomatoes.	Lemon Syllabub	Pate on Toast
TUESDAY	Lamb hotpot & veg	Rice Pudding	Make own sandwiches
WEDNESDAY	Sweet & Sour chicken, Rice, Sweetcorn, Peas. Alternate Paella	Fruit crumble & custard	Creamy mushrooms on toast
THURSDAY	Cottage pie, Green veg & Carrots	Sticky toffee pudding & cream	Eggs
FRIDAY	Poached Fish, leeks, spinach, carrots	Lemon Meringue pie	Soup
SATURDAY	Sausage rolls, Jackets & salad	Grilled peaches & cream	Fish Fingers

Alternatives always available, please request alternative, allowing enough time for Cook to prepare.

Please let Kitchen staff know if you will be out at Mealtimes & if you would like a meal putting back for later.